



Equipment List:

Please clearly label all items brought and worn to camp with your child's first and last name.

1. Footwear: Sneakers and socks are ideal, as campers follow an active daily schedule. Open-toed shoes and sandals (i.e. Tevas) are not allowed at camp.
2. A water bottle that can be re-used.
3. Waterproof sunscreen - please help protect your child by doing a first application at home. Running Brook takes sun protection seriously and we will be sure to have campers re-apply sunscreen throughout the day.
4. Hat with a brim - for sun protection.
5. Swim suit and towel - it helps if your child wears his/her swimsuit to camp, if this is something you are comfortable with. Suits and towels will be brought home each day.
6. Weather and activity appropriate clothing - sweatshirts & raincoats if it is cool or rainy, lightweight and light-colored clothing for the hot days. Please be aware that we maintain our regular schedule even on rainy days.
7. A change of clothes or extra towel can be left at camp for the week if you prefer.
8. An appropriate bag or container for your child's lunch and snack, as we are unable to offer refrigeration for these items.
9. A backpack to carry everything!

What to leave at home:

1. Candy and gum - PLEASE DO NOT SEND ANY PEANUT OR NUT PRODUCTS.
2. All electronics - iPods, cell phones, hand-held video games, cameras & radios.
3. Toys, expensive items & those of personal value - stuffed animals, playing/trading cards (i.e. Magic cards, Pokemon cards), action figures, money...